

Ridgemont Local Schools 2020-21 Menu

MENU #1

MONDAY	Hot Dog Baked Beans Applesauce French Fries		Mac/Cheese Green Beans Peaches Pudding	WEDNESDAY	Bosco Sticks Mixed Vegetables Banana Pizza Sauce Zee Zee Bars	THURSDAY	Burrito Black Bean Salsa or Salsa Cup Salad/Dressing Pineapple/Churro	FRIDAY	Shredded Chicken or Pork Sidekick Mixed Berries Roll/Butter
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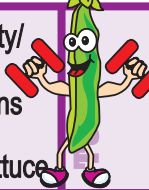
or Salad Lunch w/Grilled Chicken

MENU #2

MONDAY	Breakfast Entree Tater Tots Baked Apples Sausage Links	TUESDAY	Corn Dog Baked Beans Pineapple Sweet Fries	WEDNESDAY	Pepperoni Ripper Corn Orange Sidekick	THURSDAY	Sub Sandwich Carrots/Celery Pears Baked Chips		Cook's Choice Salad/Dressing Mixed Fruit WG Cookie
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or Salad Lunch w/Ham

MENU #3

MONDAY	Chicken Patty/ Bun Green Beans Peaches Tomatoes/Lettuce		Hamburger/ Cheeseburger Lettuce/Tomato Berry Mix Fries	WEDNESDAY	Cheese Ripper Carrots/Broccoli Ranch or Hummus Banana Zee Zee Bars	THURSDAY	Quesadilla Sauce or Black Bean Salsa Lettuce/Cheese Pineapple/Churro	FRIDAY	Popcorn Chicken Fries Roll/Butter Fruit Cup
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or Salad Lunch w/Pepperoni


MENU #4

MONDAY	Taquitos Bean Salsa/Corn Taco Rice Applesauce/Churro	TUESDAY	Cook's Choice Ranch Cup/Hummus Celery/Carrots Pears/Sidekick	WEDNESDAY	Bosco Sticks California Mix Apple Zee Zee Bars		Lasagna or Spaghetti Salad/Dressing Peaches Garlic Toast	FRIDAY	Chicken Nuggets Ranch Potatoes Mixed Fruit Roll/Butter
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or Salad Lunch w/Turkey

Fruit

MENU #5

MONDAY	BBQ Rib Salad/ Dressing Mandarin Oranges Breadstick	TUESDAY	Grilled Cheese Ravioli Pears Celery/ Ranch or Hummus	WEDNESDAY	Pepperoni Ripper Peas/Carrots Grapes Pudding	THURSDAY	Chicken or Beef Noodle Mashed Potato Peaches Roll/Butter		Oriental Bowl Broccoli/Fried Rice Pineapple Fortune Cookie
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or Salad Lunch w/Diced Chicken

BREAKFAST MENU

MON	Bagel/Cream Cheese, Muffin, Frudel Juice or Fresh Fruit Milk
TUES	Oatmeal, Donut or Breakfast Basket Juice or Fresh Fruit Milk
WED	Pancake Wrap or Frudel Smoothie/Breakfast Bar Juice/Fruit Milk
THURS	Egg Biscuit, Maple Pancake Sandwich Muffin Juice or Fresh Fruit Milk
FRI	Breakfast Pizza Fruity Flatbread Tornados Juice/Orange Milk



www.ridgemont.k12.oh.us

Lunch Prices

K-8 Students\$2.80
9-12 Students\$3.05
Reduced Lunches\$0.40
Adult Lunches\$3.60
Milk\$0.50

Breakfast Prices

Student\$1.55
Reduced\$0.30
Adult\$1.75

3 Menus Offered Daily

- Main Menu
- Chef Salad
- Gopher Lunch

A choice of milk is served everyday

All Flavored milk is Fat Free,
White milk is 1%

No Breakfast served on delay days

WG=Whole Grain

*Free and Reduced lunch program applications are available on line or at the welcome center. You may apply at any time during the school year.

*Parents are encouraged to prepay for lunches. Go to www.payschoolscentral.com

*Free students also receive a free breakfast and reduced students only pay \$.30

Menu is subject to change.

High school students will be offered a second entree daily

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

USDA is an equal opportunity provider and employer.

